

Hear Hear

News from Hearing Help Essex

Spring 2023 - Issue 61



Impact 2022

Celebrating another successful year and sharing exciting plans for 2023.

Tips & Tricks

A summary of our frequently asked questions to our helpline.

Live Well with Hearing Loss

Hearing Loops, Access to Work support and more!

A NOTE FROM OUR CEO, SOPHIE EDE



A YEAR TO BE PROUD

After a challenging few years, we are thrilled to report that we were able to support almost 6,000 individuals in 2022. The important work of Hearing Help Essex is made possible by all those who support our mission; whether it be through volunteering time, regular giving, one off donations, or larger grant and trust support.

As someone who lives with severe hearing loss, I fully understand the need for the services that Hearing Help Essex provides. I feel privileged to lead the organisation, and aim to continue to expand our services in order to make them available to all those in need of our specialist services in Essex. We have an ambitious strategy but one I am confident we can achieve with such a dedicated, and generous team of staff, volunteers, and supporters. Thank you for being one of our supporters and Friends. We simply couldn't do it without you!

With over 300,000 individuals living in Essex with an acquired hearing loss, we know that there is still more that we need to do, and continue on our mission to support as many individuals as we possibly can. If you would like to support our work, please visit www.hearinghelpessex.org.uk/support-us/

HEARING HELP ESSEX IMPACT 2022



THIS YEAR OUR 'SUPER-HEAR-O' TEAM OF
46 VOLUNTEERS AND 10 PART-TIME STAFF DELIVERED:



257 Hearing Aid
Support Sessions



4,113 hearing aid
support
appointments



7,085 NHS Hearing
Aids retubed



604 Home visits to
the housebound



39 Community Talks
& Outreach Stands
reaching **968**
individuals



2,912 Information,
Advice, and
Guidance
interactions.



4,213 registered
service users



5,708 individuals
supported across
Essex



and more smiles than
we can count!

**Thank you to all those who have
supported our work in 2022!**

NHS HEARING AID SUPPORT VENUES 2023

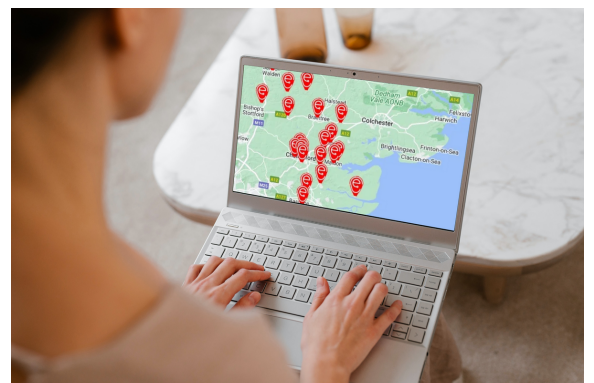
WHERE CAN YOU ACCESS OUR SERVICE IN ESSEX?

Braintree St Michaels Health Centre, CM7 2QU	Burnham-On-Crouch Constitutional Club Hall, CM0 8AA	Chelmsford Christ Church URC CM2 0AW	Chelmsford Parkside Community Hub, CM1 2DY
Chelmsford Moulsham Lodge Clinic, CM2 9NY	Writtle Parish Office, CM1 3DT	Coggeshall Christ Church, CO6 1UH	Danbury Mission CM3 4QL
Great Dunmow Rowena Davey Day Centre CM6 1EQ	Finchingfield Freshwell Health Centre, CM7 4BQ	Hatfield Peverel Village Hall, CM3 2HP	Heybridge Plantation Hall, CM9 4AL
Maldon St Peter's Hospital, CM9 6EG	Pitsea Library SS13 3DU	Saffron Walden Community Link, CB10 1HX	South Woodham Ferrers, Crouch Vale Medical Centre, CM3 5QP
Thaxted Surgery, CM6 2QN	Stansted Mountfitchet Parish Office, CM24 8AQ	Wickford Library, SS12 0AG	Witham URC CM8 1AH

We hope to soon announce **7 new venues in South Essex**, however, at the time of going to print funding has not yet been confirmed for this expansion. Please check our website and social media for updates on this.

At these sessions you can have your NHS hearing aid cleaned and re-tubed free of charge by our dedicated team of volunteers. All volunteers are trained by local audiology departments.

Our sessions are no longer 'walk-in' and you must book an appointment prior to attending the session. Appointments can be booked by phone, email, text message, or online. Once registered, you can book an appointment online by visiting our website www.hearinghelpessex.org.uk/bookings





FREQUENTLY ASKED QUESTIONS



HOW CAN I BOOK INTO A HEARING AID SUPPORT SESSION?

Once registered with Hearing Help Essex, there are many ways to book into our Hearing Aid Support Sessions. You can register and book appointments by telephone, email, text, or at our website.

WHAT HAPPENS AT OUR HEARING AID SUPPORT SESSIONS?

When attending a Hearing Aid Support session, you can look forward to being greeted by our friendly volunteers. During your appointment, our NHS trained volunteers will clean and change the tubing on your hearing aids while you wait.

I AM LOOKING FOR SOME ASSISTIVE EQUIPMENT THAT MAY HELP SUPPORT ME WITH MY HEARING LOSS, WHAT ARE THE DIFFERENT TYPES OF EQUIPMENT THAT MAY HELP?

Hearing Help Essex can offer information, advice, and guidance for the different types of assistive equipment that may support your hearing loss. Our Resource Centre Coordinator Janine can demonstrate and loan assistive equipment and offer information, advice, and guidance at our Resource Centre in Chelmsford on the different types of assistive equipment available.

WHERE CAN I COLLECT HEARING AID BATTERIES?

There are many locations in Essex to collect hearing aid batteries, you can contact us to find out the locations available in your local area.

HOW OFTEN DO I NEED TO HAVE MAINTENANCE ON MY HEARING AIDS?

We advise that your hearing aid tubing is changed every 4-6 months, this stops the tubing becoming brittle and breaking and keeps the hearing aids working effectively.

I AM UNABLE TO ATTEND A SESSION DUE TO BEING HOUSEBOUND

HHE offers a home visit service for those who are housebound and not able to access our Hearing Aid Support Sessions. You can arrange a home visit by contacting the Hearing Help Team.

HOW OFTEN SHOULD I HAVE A HEARING TEST WITH AUDIOLOGY?

The NHS offers hearing tests every 3 to 5 years depending on your local Trust. Privately you can get your hearing tested as often as you like, usually annually.

DO YOU HAVE ANOTHER QUESTION?

Please contact us on 01245 496347, or email info@hearinghelpessex.org.uk



TALKS AND AWARENESS

Our Team absolutely love getting out and about and talking all things hearing loss!

From informal pop-up stands in hospital atriums, to big organised events such as 'Chelmsford VolFest', we always try to make the most of every opportunity.

This past year we have joined Maldon Older Person's Information Day, Community in a Cup, VolFest, and many other community events. We run monthly hospital outreach stands at Broomfield, Basildon, and Braintree Community Hospitals, and with two new outreach workers on the team, there will be new stands popping up in Clacton and Saffron Walden in the near future. If you know of any events or locations where you think we could reach people, please do let us know.

We have given talks to U3A groups, Women's Institute Groups, Rotary Clubs, and similar, and those that have been in attendance have always given glowing feedback.

A talk on hearing loss may not sound very exciting, but our experienced speakers make them fun, informative, and some say life-changing! If you are a member of a group or club, please do email or call us to send us an invitation to come and speak to your group.

Don't just take our word for it though!



**YOUR TALK WAS JUST BRILLIANT.
ONE OF THE BEST SPEAKERS WE HAVE HAD IN
YEARS! SO INFORMATIVE, AND WILL DEFINITELY
HELP ALL OF OUR MEMBERS, EITHER PERSONALLY
OR FOR PEOPLE THEY LOVE OR CARE FOR.**

**HEARING LOSS AND HEARING AIDS CARRY SUCH A
STIGMA - YOU DID AN EXCELLENT JOB OF
BREAKING THIS DOWN FOR US TODAY, AND I AM
CERTAIN MANY OF OUR GROUP WILL HAVE A
HAPPIER LIFE AS A RESULT OF TODAY'S
EDUCATION. THANK YOU**



HEARING HELP ESSEX RESOURCE CENTRE

Whilst we are still at the same address, we no longer occupy the shop space in Moulsham Street, since all our community venues have reopened post-lockdown restrictions. We are now in an office behind the shop - sadly this space isn't wheelchair accessible, but if you have access needs that we cannot meet at our premises we will happily arrange a home visit to you from one of our wonderful Outreach team.

Our Resource Centre is expertly managed by Janine Kent, who is our in-house technology guru. We have many different items of assistive technology available for you to see, learn about, and even borrow for a few weeks to see if it works for you.

If you are housebound or unable to attend our Chelmsford Resource Centre we now have four Outreach Workers who are able to make home visits to demonstrate a smaller selection of equipment.

If you would like to arrange an appointment with Janine, or a visit from one of our Outreach Workers, please call 01245 496347 or email help@hearinghelpessex.org.uk



An example of the type of equipment Janine can talk to you about is the Bellman Vibio. A wireless bed shaker that connects to your smartphone via Bluetooth. It comes with a free app for both iOS and Android. In the Vibio app, you can create multiple alarms, choose vibration power and choose to allow notifications from incoming calls or text messages. It is very powerful and wakes even heavy sleepers! Vibio is one of a few available portable alarm clocks for heavy sleepers and people with hearing loss.

LEARN TO LIPREAD! Lipreading is a vital communication skill for many people with hearing loss. It's the ability to recognise the lip shapes, gestures and facial movements of a person when they are speaking, in order to gain a better understanding of what they are saying. We all lipread and watch a person's facial expressions without realising it, especially in noisy situations - I think many of us realised this when wearing a mask became mandatory and we realised we struggled to hear! Becoming a good lipreader requires skill and concentration, and a great deal of practice, as many words look similar on the lips. A good lipreading teacher will help you to tell the differences between words.

RESOURCES

Lip Reading Practice was developed by HHE Friend and Supporter, Gloria McGregor, and presents lipreading using video clips as well as written exercises. Skills and practice material in the sessions focus on learning to recognise the lip shape and movements of most sounds. The site aims to enable those who have a hearing loss and who are unable to join a lipreading class the opportunity to develop lipreading skills. The material is designed to help to develop lipreading skills and to practise them in a safe environment. We hope that you can take some time to explore this wonderful resource! lipreadingpractice.co.uk

ATLA - The Association of Teachers of Lipreading to Adults - exists to create a world where lipreading classes are available to all who need them. They provide a professional and recognised association for teachers of lipreading to adults, and to work in partnership with others to ensure that everyone challenged by hearing loss has access to lipreading classes and appropriate support. Find your local class here:

atlalipreading.org.uk/directory-classes/

There are currently classes running in Chelmsford, Shenfield, Heybridge, Southend, and online. Please do let us know if you are aware of any other classes in the county.

DO YOU HAVE BLUETOOTH HEARING AIDS?



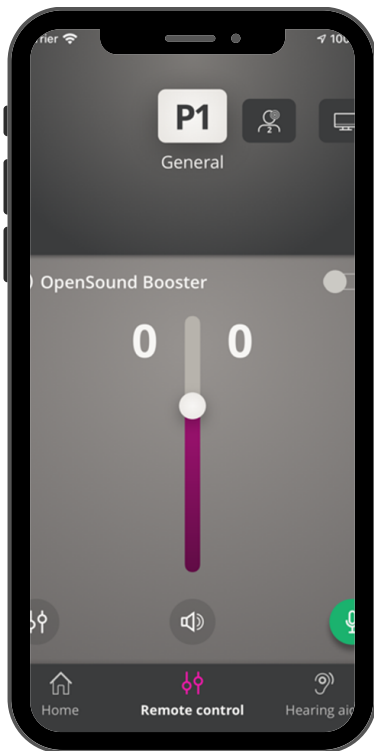
Bluetooth Hearing Aids are now being issued by most NHS Hospital trusts. These are available to eligible new hearing aid patients, and to those due a review/upgrade. The policy at each hospital is slightly different, but for most patients a hearing test and review would be offered around every 3 to 5 years. Your Audiologist will always fit you with the hearing aid that best meets your needs, so please do not be disappointed if you are not offered Bluetooth hearing aids yet; other hearing aids work just as well in terms of amplification, and there is other assistive equipment available to non-Bluetooth hearing aids.

What is Bluetooth?

Bluetooth hearing aids can be “paired” with audio devices so sounds can be sent straight to your hearing aids, a bit like wireless headphones.

App for Smart Phone

Bluetooth hearing aids can be “paired” with your mobile “smart” phone or tablet. Using the Oticon On (or other manufacturers) App you can adjust the volume, or change program, for example, to use a loop system. Using the app makes it easier to adjust your hearing aids making it less fiddly than using the switch on the aids.



On some models of mobile smart phone, you can also listen to your phone conversation through hearing aids and listen to music or podcasts too.

There is also a Bluetooth TV Adapter available that can stream the sound from your TV directly to your hearing aids and a Wireless Microphone to help you hear conversation in a noisy environment.

We have been helping our service users to download and use the app and demonstrating the TV Adapter and Wireless Microphone in our Resource Centre and at home visits.

If you would like to book an appointment for advice or a demonstration, or for any further information about Bluetooth technology, please contact Janine in our Resource Centre who would be happy to help you - email help@hearinghelpessex.org.uk or call the main office number and ask to speak to Janine.



LIVE WELL WITH HEARING LOSS

When you experience hearing loss, it can cause many challenges in our everyday lives. As hearing loss is an invisible disability, those of us with hearing loss need to develop our knowledge, and gain confidence in talking about what we need to access various services. This feature aims to educate and empower our readers, so that you know your rights, and what help might be available to you.

CAPTIONED PERFORMANCES

Chelmsford Theatres have launched a new access scheme, which aims to make their shows and venues fully accessible to all. They now have a wide range of shows captioned, and interpreted specifically for those who are Deaf or Hard of Hearing. Find out more by visiting their website: <https://chelmsfordtheatre.co.uk/your-visit/access-information/>

Colchester Mercury Theatre also runs some captioned performances, and full details can be found here: <https://www.mercurytheatre.co.uk/accessible-events/?access=captioned>

ACCESSIBLE INFORMATION STANDARD

Since 1 August 2016, all organisations that provide NHS care and/or publicly-funded adult social care are legally required to follow the Accessible Information Standard. The Standard sets out a specific, consistent approach to identifying, recording, flagging, sharing and meeting the information and communication support needs of patients, service users, carers and parents with a disability, impairment or sensory loss.

Sadly, 7 years on, we still see and hear of many examples where these standards are not met, causing stress, upset and unnecessary delays to those with hearing loss accessing health and social care services.

If an NHS health or social care provider (such as your GP) does not meet these requirements, you have the right to complain. You will need to contact the service directly and go through their formal complaints procedure. Once you have completed their complaints process and have received their final response, you can complain to the Parliamentary and Health Service Ombudsman. If you're not sure how to submit a complaint, we recommend you contact your local Healthwatch to find out how to get help to make your complaint.

HEARING LOOPS IN PUBLIC PLACES

If you use hearing aids, a hearing loop can help you pick up speech sounds more clearly, especially if you are further away. It focuses your hearing aid to pick up sound from the loop system microphone, rather than all noises in the area. This helps to cut out background noise.

To use a hearing loop, you need to have your hearing aid switched on to the hearing loop setting. Your audiologist may need to do this for you. You'll know if there is a hearing loop available if you see the 'T' sign displayed. You may need to check with staff that it is switched on. Sadly we often find staff don't know about their own loop systems - please do share our information with them as we would be happy to help them ensure their loop system is working.

ACCESS TO WORK is a government scheme that can help you get into or stay in work if you have a physical or mental health condition or disability.

If you are disabled or have a health condition that makes it hard for you to do your job, your employer must make changes to support you. These changes are called 'reasonable adjustments'. If you are deaf or have hearing loss, Access to Work may be able to cover the cost of any communication support or technology and assistive devices that you need to do your job. This could include, for example, a listening device or loop system to help you hear during meetings. The money does not have to be paid back and will not affect your other benefits. Further information can be found here: <https://www.gov.uk/access-to-work>

VOLUNTEER WITH US!



Would you like to volunteer with us?

Due to increasing capacity at our current venues and introducing new venues across Essex, we are looking to recruit new volunteers to join our amazing team of 'Super-hear-o's! Full training is provided for all roles. We have a choice of roles:

Technical Volunteers are trained to clean and re-tube NHS hearing aids, as well as other aspects of basic hearing aid maintenance. They can advise and support those who are new to hearing aids or having difficulty. They carry kit boxes with all the equipment and supplies they need to keep hearing aids in tip top condition. They attend regular sessions in the community, as well as doing home visits for those who are housebound.

Meet and Greet Volunteers help run and coordinate the session. They also provide information and advice and can signpost to other organisations.

We have vacancies in the following areas:

- Technical volunteer at Saffron Walden
- Technical volunteer and Meet and Greet at Thaxted
- Meet and Greet in Finchingfield
- Potential future vacancies in South Essex, Brentwood, Ingatestone, Corringham, Ockendon, and Grays

If you would like register your interest or find out more please email info@hearinghelpessex.org.uk or call 01245 496347.

2023 Volunteer Survey

100%

of the volunteers who responded to our survey believe:

- HHE provides a good service to the people we aim to help
- HHE is a good place to volunteer
- That their volunteering role is motivating and interesting

“ I love volunteering with an organisation that makes such a huge difference to people's lives. ”

“ I enjoy working with such a friendly group of people. ”

VOLUNTEER NEWS

Long Serving Volunteers Retire

For those that use our NHS Hearing Aid Support Service, our Volunteers provide a vital support service in the local community. Our Volunteers tend to stay with Hearing Help Essex a long time, so it is always sad when they decide the time has come to hand back their toolkit and retire from the role.

We recently said goodbye to three extra special volunteers, who have between them clocked up 56 years of volunteering with us.

Ray Clements, Steven Boutwell, and Theresa West, have been serving their local community, volunteering at our sessions, and also delivering home visits to the housebound. Over the years they have supported thousands of individuals, enabling them to keep their hearing aids in good working order. These three special people have touched the lives of so many, supporting our service users to continue to live well with hearing loss. Thank you for all you have done to support our mission.

Award Nomination for Team Pitsea

Our Volunteers make us proud every day, but March was extra special as our Pitsea team were nominated for a prestigious award! Tricia, Gill, and Julie who run our Pitsea sessions each month were nominated for their valuable contribution and dedication to the local communities in Basildon. Huge thanks to Basildon Borough Council and Basildon Billericay & Wickford CVS for hosting such a wonderful awards evening and celebrating the amazing volunteers who deliver such valuable and life-changing work across the borough.

10 Year Long Service Awards

Congratulations to Sabrina and Frances, who recently celebrated 10 years volunteering with Hearing Help Essex. These two ladies have supported hundreds of individuals during their time volunteering with HHE, and we are looking forward to working with them for many more years to come!

New Volunteer Workwear

Have you spotted our Super-hear-o Volunteers wearing their new red uniforms? We wanted our Volunteers to be easily recognisable when out in the community delivering their valuable work and hope these will help raise awareness of their fantastic service.



VOLUNTEER NEWS CONTINUED

Volunteer Training Days

Following a review of our commitment to providing ongoing learning development opportunities to all involved with the organisation, Hearing Help Essex staff and volunteers have enjoyed some brilliant training events in recent months.

In January, Mark Neville from the Alzheimer's Society, and chair of the pan-Essex Dementia Action Alliance, joined our Volunteers coffee morning to provide Dementia Friends training. The training was well received, and all those in attendance found it an informative and helpful session.

Local Lip-Reading Teachers, Helen and Jacqui, of Read My Lips, delivered an online taster session via Zoom, so that our staff and volunteers could experience what happens in a lip reading class. This was a really fun and informative hour, playing lip reading games, and learning a little more about the theory of lip reading. Our hope is that through word of mouth, more people will learn about the benefits of attending such a class. For further information on lip reading, please visit the ATLA website: <https://atlalipreading.org.uk/>

March 2023 saw the biggest annual training day in our history, with over 50 individuals joining the day. Topics including Bluetooth technology, re-tubing practice, assistive equipment, safety, and lone working training were covered. There was of course plenty of cake enjoyed by all too! Huge thanks to the team from Mid-Essex Hospitals Trust who joined us to deliver training and talk about the aids that they are currently issuing.

At the beginning of April, six of the team travelled to Addenbrooke's Audiology Department to attend a training session there. Many of the patients that we support in the Uttlesford area have hearing aids issued by Addenbrooke's, so keeping our training up to date from the various hospitals that serve Essex residents is an important aspect of our commitment to providing a high quality service.

If you have knowledge or a skill to share that you think would compliment our offer, we would love to hear from you. Hearing Help Essex is particularly interested in 'skills swaps', and would be happy to deliver hearing loss awareness training to an organisation, please do email us for further information



TIME TO THRIVE FOR HEARING HELP ESSEX

Hearing Help Essex CEO, Sophie Ede, was delighted to be invited to join Essex Community Foundation's 'THRIVE' programme during 2022.

The programme, delivered by The Cranfield Trust, provided 9 months of bespoke workshops and project mentoring to support HHE's strategic and business development.

Sophie was matched with Cranfield Trust volunteer, Chris Jullings, a recently retired HR director, to provide support in managing the charities growth. As a result of the support, Hearing Help Essex is now helping more local people who have acquired hearing loss. It happened to be the Trust's 5000th project!



Amanda Tincknell CBE, Cranfield Trust CEO, comments on the project: "With the challenges charities are facing as a result of the cost of living crisis, our support and the expertise of our volunteers has never been needed more, to help charity leaders strengthen key management skills and through mentoring, to support them personally. To see that the impact of our 5000th completed project has supported Hearing Help Essex to increase its services for beneficiaries feels even more important, when so many people need the support of charities, and charities are struggling to meet increased demands and pressures. We are here to help those charities."

Sophie Ede summed up the success of the 5000th project and how it has given them the capacity and resilience to support future growth, "Our beneficiaries are already feeling the benefit of this project as we scale up our services to support more people. As a direct result of this project, we have increased our capacity and we are already reaching 26% more individuals than we were this time last year. The support from Cranfield Trust and Essex Community Foundation has been invaluable."

The whole team at HHE would like to extend our thanks to Essex Community Foundation, The Cranfield Trust, and Chris Jullings for this valuable opportunity.

Introducing

NEW TEAM MEMBERS

With the significant growth of our services, we have created some new staff roles in order to ensure we continue to provide safe, professional, and high quality services.

Wendy Hammond - Operations Manager

I joined Hearing Help Essex in October 2022 having previously worked for a Canadian Bank in London. I was looking for an opportunity to give something back to our local community and was thrilled to be offered the post as Operations Manager for Hearing Help Essex. As someone who has hearing loss myself, I am delighted to work with a professional team that are considerate to people with hearing loss and who are extremely focussed on providing the very best advice and support to people across Essex.



Hayley Seely - Support Services Administrator

I joined the Hearing Help Essex team in May 2022, as a Support Services Administrator. My role is to support service users to access our Hearing Aid Support Services and provide advice on the different pathways available to those with hearing loss within Essex. In my role I enjoy engaging with service users and answering any questions that they may have about their hearing aids. As someone who has hearing loss themselves, I am passionate about helping other people with their own hearing loss.

Amy Martin - Trustee

A former broadcast journalist and now a Chartered Marketer, Amy has 17+ years of experience in the charity sector. As Head of Marketing and Digital at Havens Hospices, she works across all forms of fundraising, marketing and communications. Her passion is storytelling, amplifying the voices of people supported and cared for by their adult and children's hospice services, to demonstrate the impact of positive, palliative care. Amy is also a mentor for other charity communicators to support them in their professional development.

Amy says, "Hearing Help Essex is a small charity that impacts thousands of people across the county. My best friend's daughter has hearing loss, and I've seen their challenges over the years in accessing support and advice, especially during Covid.

"I'm delighted to join the team as a Trustee to offer my guidance on how we can reach even more people with hearing loss, ensuring they get the help they need."



PLEASE HELP US TO DO MORE

We are extremely grateful to the Friends of Hearing Help Essex, our Funders and supporters who enable us to keep our services running. We are currently just about weathering a challenging storm; the economic crisis, increased costs, and rising demand for our services means that we are having to work harder than ever before to keep our services running.

We estimate that there are currently 300,000 individuals living with hearing loss in Essex. Whilst we are proud of supporting almost 6,000 people last year, we know there is much more work that we can, and should be doing. With NHS waiting lists at an all time high, patients in some areas of the county are having to wait months for a simple hearing aid repair appointment, we know that our work is more important now than ever before. **Please help us to do more.**

Your generosity enables us to ensure people are not isolated by their hearing loss. If you are able to, please do consider increasing your monthly or annual standing order to us - every £ makes a huge difference to us.

Help us to keep people like Sylvia* connected (*name changed for privacy)

Sylvia, 93, was referred to HHE by her neighbour, because she was distressed and sad. Her hearing aid kept falling off her ear and she was struggling to use the telephone. She lived alone, and admitted that she had given up wearing her hearing aids because they were so uncomfortable. She had stopped going out to see people as she couldn't hear them, and was feeling very lonely. One of our Outreach team visited to provide practical help with the hearing aid, and advice about how to use the telephone, and communicate more easily. She explained to Sylvia how important it is to wear both hearing aids as much as possible, and re-tubed them to try and make them more comfortable for her. She said she had been feeling very isolated and sad. As the Outreach worker didn't need to rush off, after the practical help, they had a long chat. Sylvia felt so much better after the chat and was smiling, it was lovely to see. As our Outreach Worker was leaving, Mrs S did a little 'dance' in her chair to show how happy she felt. She was a completely different woman to when we arrived. Sylvia called the HHE Office the next day to thank us, show off how well she could use the telephone now her hearing aids are comfortable again, and said she had arranged to re-join her lunch club.



Please consider making a one-off donation to support our work.

Online at
wonderful.org/charities/1113498

By Cheque
payable to 'Hearing Help Essex'
and posted to 158 Moulsham Street,
Chelmsford, CM2 0LD.

HEARING HELP ESSEX WALL OF FAME

A SPECIAL THANK YOU TO THE BELOW FUNDERS AND SUPPORTERS:

**The Friends of
Hearing Help
Essex**

**Essex County
Council**

**Essex
Community
Foundation**

**The Provide
Foundation**

**Eastlight
Community
Fund**

**The Walter
Farthing Trust**

**Chelmsford
City Council**

**Uttlesford
District
Council**

**Fowler, Smith,
and Jones
Trust**

**Mid and South
Essex
Integrated
Care System**

**Heybridge,
Writtle, and
Stansted
Parish
Councils**

**Coggeshall
Nursing
Trust and
Christ
Church**

**Saffron
Walden
Building
Society
Community
Link**

**Danbury
Mission
Church**

**Thaxted and
Finchingfield
Surgeries**

**Inner Wheel
Chelmsford
Mildmay**

**Burnham
Constitutional
Club**

**Chelmer
Housing
Partnership**

**Old
Brentwood
Indigent
Fund**

**Hastoe
Housing**

and all who gave so generously via our Collection tins.

A special mention to Geraldine Beaurain and her Inner Wheel Club who organised a Quiz Night for us in January and raised almost £2000!

WWW.HEARINGHELPESEX.ORG.UK

SO MUCH MORE THAN JUST A WEBSITE!



Did you know that you can now register for our services, and book appointments online?
www.hearinghelpessex.org.uk/register



You can also send us your feedback using our new online form at
www.hearinghelpessex.org.uk/feedback



Don't have internet access?
You can still reach us by phone, post, text message and email.
Full details below.

We hope that you have enjoyed reading this latest edition of 'Hear Hear'.
We welcome feedback and future content ideas from our readers.

e. info@hearinghelpessex.org.uk
t. 01245 496347
txt. 07950 406 173
Post: Hearing Help Essex,
158 Moulsham Street,
Chelmsford, Essex, CM2 0LD

